

Need help talking to your child about _____?

Alcohol

Vaping

Marijuana

Mental Health

Gambling

Opioids

Rx Drugs

Tobacco Use

Other Drugs

Let Us Help.

Member Agencies



For more information visit,
TalkItOver.org or talk to your
local Prevention Provider



@Px21prevention

**Px21
Presents**

**Talk
it
Over**

TalkItOver.org

Being a parent isn't easy. You want your child to have experiences and to grow into a successful, independent adult. At the same time, you want to protect them from the many dangerous substances and situations out there in the world.

So what do you do? It's easier than you may think.

Talk It Over.

TalkItOver.org was created by Px21 to help...

- Offer parents/caregivers information on alcohol, tobacco, other drugs (ATOD) and risky behaviors
- Encourage parents/caregivers to have conversations with their children about making healthy decisions when confronted with dangerous situations
- Guide parents/caregivers on how to have difficult conversations
- Enable parents/caregivers to recognize the signs of possible drug or alcohol use and unhealthy behaviors

The new website is easy to navigate, even if the content may be difficult to discuss.

To help get you started you will find:

- Conversation starters by age and topic
- Laws parents need to know
- Resources / References
- Talking points
- Information from expert organizations, governmental agencies, and Prevention Science research.



Px21 and the Talk It Over campaign are generously supported by Peter & Elizabeth Tower Foundation.



Our Mission is to build healthier individuals, families, and communities in Erie County and WNY by utilizing Prevention Science.

- To delay alcohol, tobacco, and other drug (ATOD) use and the onset of unhealthy problem behaviors (including, but not limited to, gambling, violence, and other anti-social behaviors)
- To prevent ATOD abuse/dependence
- To promote and maintain physically and mentally healthy people who are socially and culturally competent
- To provide a continuum of Prevention Services (universal, selective, indicated)

For more information visit,
TalkItOver.org

