

# Levels of Care

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In Substance Use Disorder Treatment

# How Is Level of Care Determined?

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- A licensed or credentialed counselor will complete an evaluation with the individual to assess their current substance use, their substance use history and how their substance use has affected their life
- At the conclusion of the evaluation, the counselor will complete a New York State Office of Alcoholism and Substance Abuse (OASAS) level of care determination tool, also known as, the LOCADTR 3.0.
- The counselor enters the answers in to the LOCADTR 3.0 that have come from the individual's assessment. At the end, the LOCADTR 3.0, will give the most appropriate level of care for the individual.

# LOCADTR 3.0

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- The LOCADTR 3.0, or similar OASAS approved tool, is also used by every insurance company in New York State
- This tool is utilized to ensure that counselors are working with or referring individuals in or to the appropriate level of care.
- It is also utilized by insurance companies to ensure that the individual is receiving services in the most appropriate level of care, and therefore, they will cover those services

# Substance Use Disorder (SUD) Treatment Levels of Care

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- Detox
  - Hospital Based (Medically Managed) Inpatient Detoxification
  - Medically Supervised Inpatient Detoxification
- Outpatient & Intensive Outpatient Clinic
- Opioid Treatment Program (OTP)
- Inpatient Rehabilitation

# Substance Use Disorder (SUD) Treatment Levels of Care - CONTINUED

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- Residential
  - Stabilization
  - Rehabilitation
  - Reintegration

# Substance Use Disorder (SUD) Treatment Levels of Care - CONTINUED

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- Supportive Living
- Recovery Support
  - Peer Services through Outpatient Clinics and OTP's
  - Recovery Center
  - Housing Supports through case management associate with supportive housing
  - Mutual Help Groups

# Detox

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- Hospital Based (Medically Managed) Inpatient Detox:
  - Designed for people who are, or at risk of becoming, acutely ill from alcohol or substance-related withdrawal symptoms and may include individuals with or at risk of acute physical or psychiatric co-morbid conditions.
  - People who stabilize in a medically managed detox may step-down to a medically supervised detox
- Medically Supervised Inpatient Detox:
  - Designed for people who have moderate withdrawal symptoms and do not have acute physical or psychiatric complications and those who have stabilized in medically managed detox

# Detox in WNY

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- Erie County Medical Center (ECMC) – 716-898-4908
  - 462 Grider St.; Buffalo, NY 14215
- Horizon Village Terrace House – 716-831-1800
  - 291 Elm St.; Buffalo, NY 14203
- Northpointe Council, Inc. First Step Center – 716-285-3421
  - 2470 Allen Ave.; Niagara Falls, NY 14303

# Outpatient Clinic

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- Provides treatment to individuals with a SUD and their family members/significant others in a clinic setting
- Treatment occurs at different levels of intensity (frequency and duration of visits) depending on the individual's needs
  - Generally the intensity is higher at the beginning of treatment and becomes less intense as treatment progresses
- Treatment is made up of: group, individual, and family counseling that focuses on relapse prevention and symptom management, sober supports, and developing coping and life skills. Treatment may also include Medication Assisted Treatment (MAT).

# Outpatient in WNY

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- Allegany Council on Alcoholism and Substance Abuse – 585-593-1920 ext 722
  - Locations in Wellsville and Cuba
- Council on Addiction Recovery Services – 716-373-4303 ext 400
  - Locations in Salamanca, Randolph, Machais, and Gowanda

# Outpatient - CONTINUED

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- Brooks- TLC Hospital System, Inc. 0 716-595-3355
  - Located in Cassadaga
- Chautauqua County of Dept. of Mental Health – 716-661-8330
  - Locations in Jamestown and Dunkirk
- UPMC Chautauqua at WCA – 716-664-8658
  - Locations in Jamestown and Dunkirk

# Outpatient - CONTINUED

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- Beacon Center – 716-831-1937
  - Locations in Amherst, Buffalo, Niagara Falls, and Lockport
- BestSelf Behavioral Health, Inc. – 716-884-0888
  - Locations in Amherst, Buffalo, Orchard Park, and North Collins
- BryLin Hospitals, Inc. – 716-633-1927
  - Location in Williamsville

# Outpatient - CONTINUED

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- Endeavor Health Services, Inc. – 716-895-6700
  - Locations in Buffalo, Cheektowaga, Lackawanna, and Williamsville
- Erie County Medical Center – 716-961-6944
  - Locations in Buffalo, Depew, and Kenmore
- Horizon Health Services, Inc. – 716-831-1800
  - Locations in Buffalo, Tonawanda, Amherst, Orchard Park, Cheektowaga, Batavia, Niagara Falls, and Lockport

# Outpatient - CONTINUED

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- Monsignor Carr Institute – 716-218-1400
  - Location in Buffalo
- Spectrum Human Services – 716-622-2040
  - Locations in Buffalo, West Seneca, Warsaw, and Springville
- Genesee Council on Alcoholism and Substance Abuse – 585-343-1124
  - Locations in Batavia, LeRoy, and Albion

# Outpatient - CONTINUED

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- Niagara County Dept. of Mental Health – 716-439-7401
  - Locations in Niagara Falls and Lockport
- Northpointe Council, Inc. – 716-433-3846
  - Locations in Lockport and Niagara Falls

# Intensive Outpatient

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- Designed for people who require a time-limited, multi-faceted array of services, structure, and support to achieve and sustain recovery
- Individuals are scheduled for a minimum of 9 hours of treatment per week and consists of, but not limited to: individual, group and family counseling; relapse prevention and cognitive and behavioral interventions; motivation enhancement; and the development of coping skills for dealing with emotional and environmental stressors

# Intensive Outpatient in WNY

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- Outpatient providers who offer Intensive Outpatient
  - Beacon Center
  - Endeavor Health Services

# Centers of Innovation (COTIs)

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- COTIs are OASAS certified providers focused on engaging people in treatment through mobile clinic services, bringing treatment staff into underserved areas, expanding tele-practice sites, and enhancing peer outreach and engagement within the community

# COTIs in WNY

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- BestSelf Behavioral Health, Inc. (Erie & Niagara Counties)
  - 716-566-7771

# Opioid Treatment Program (OTP)

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- Locations where methadone and other approved medications are administered for the treatment of Opioid Use Disorder
- Designed for individuals who benefit from long term medication management of a chronic disorder
- In addition to the administration of medication, OTP's provide: individual, family and group counseling, and educational/vocational rehabilitation

# Opioid Treatment Programs in WNY

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- Community Action Org of Western New York – DART – 716-884-9101
  - Located in Buffalo
- PROMESA, Inc – 716-768-4040
  - Located in Buffalo
- Sisters of Charity Hospital of Buffalo – 716-862-1330
  - Located in Buffalo

# Opioid Treatment Programs - CONTINUED

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- Northpointe Council, Inc. – 716-278-8110
  - Located in Niagara Falls

# Inpatient Rehabilitation

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- A 24-hour, structured, short-term intensive treatment service provided in a hospital or free-standing facility
- Designed for individuals who have co-occurring medical or psychiatric conditions or for those who are using substance(s) in a way that puts them in harm
- Daily treatment is structured to support cognitive and behavioral changes in order to improve functioning and increase coping and relapse prevention skills

# Inpatient Rehab in WNY

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- UPMC Chautauqua at WCA – 716-664-8620
  - Located in Jamestown
- Erie County Medical Center – 716-898-5764
  - Located in Buffalo
- Stutzman Addiction Treatment Center – 716-882-4906
  - Located in Buffalo

# Inpatient Rehab - CONTINUED

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- United Memorial Medical Center – 585-343-6030
  - Located in Batavia
- Reflections (Eastern Niagara Hospital) – 716-514-5561
  - Located in Lockport
- Clearview Treatment Services (Mt. St. Mary's Hospital) – 716-298-2117
  - Located in Lewiston

# Residential - Stabilization

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- Services provided include: medical evaluation; ongoing medication management; medication assisted SUD treatment; group, individual, and family counseling focused on stabilizing the individual and increasing coping skills until the individual is able to manage feelings, urges, and cravings, co-occurring physical and psychiatric concerns and conditions

# Residential - Rehabilitation

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- Provides rehabilitative services for individual who are stable enough to manage emotional states, urges and cravings, co-occurring psychiatric symptoms and medical conditions within the safety of a residential setting
- Medical and clinical services are provided with a focus on rehabilitation and the addressing of functional needs, including personal and interpersonal functioning

# Residential - Reintegration

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- Designed for individuals who are transitioning from structured treatment environments to more independent living
- Most services are provided in the community, including individuals attending Outpatient treatment, while living in the residence
- The residence provides a safe living environment with a high degree of behavioral accountability
- The residence services include: community meetings; activities of daily living support; case management; and vocational support and clinical services to support transition to independent living

# Residential Treatment in WNY

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- Allegany Council on Alcoholism and Substance Abuse – Trapping Brook House – 585-593-1920
  - Located in Wellsville
- Council on Addiction Recovery Services – 716-373-4303
  - Located in Weston Mills
- BestSelf Behavioral Health, Inc. The Lighthouse – 716-831-7877
  - For Women and Children – Located in Buffalo

# Residential - CONTINUED

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- Cazenovia Recovery Systems – 716-852-4331
  - Have women, men, and co-ed housing – Located in Buffalo, Batavia, Eden, Appleton, and Niagara Falls
- Horizon Village – 716-831-1800
  - Located in Buffalo and Sanborn
- Renaissance Addiction Services, Inc. – 716-332-3991
  - For adolescents and young adults - Located in West Seneca

# Residential - CONTINUED

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- Genesee Council on Alcoholism and Substance Abuse – 585-343-1124
  - Located in Batavia

# Supportive Living

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- Designed to promote independent living in a supervised setting for individuals who have completed another course of treatment, are making a transition to independent living, and whose need for services does not require staffing on site on a 24-hour a day basis
- There is a minimum level of professional support, which includes a weekly visit to the site and a weekly contact of the resident by a clinical staff member

# Supportive Living in WNY

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- Allegany Council on Alcoholism and Substance Abuse Trapping Brook – 585-593-1920
  - Located in Wellsville
- Council on Addiction Recovery Services – 716-373-4303
  - Located in Olean
- Cazenovia Recovery Systems – 716-852-4331
  - Located in Buffalo and Lockport

# Recovery Support

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- Services that are available through community service providers.
- Recovery supports may enable a person who lacks social, emotional and community resources in the natural environment to possibly remain in their own housing with the addition of these supports

# Recovery Supports - CONTINUED

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- Types of Recovery Supports:
  - Peer Services – may be available through outpatient clinics and OTP's
  - Recovery Center – a center in a community that is available for people in recovery to connect and continue to develop supports
  - Housing Supports – may be available through case management affiliated with supportive housing
  - Mutual Support Help – this includes Alcoholics Anonymous, Narcotics Anonymous, SOS, SMART Recovery, etc.

# Recovery Supports (cont) & Family Supports

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- Youth Clubhouse – offers services and supports to help young people progress in their recovery
- Community Coalition – assists people, families and communities in accessing local resources to those facing addiction problems
- Family Support Navigator – Work with individuals and their families to better understand the progression of addiction, provide guidance on how to navigate insurance issues and how to access treatment services

# Recovery Support in WNY

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- Peer Engagement
  - Independent Living Ctr/Niagara Co PE – 716-284-4313
    - 746 Portage Rd.; Niagara Falls, NY 14301
  - WNY Independent Living PE – 716-836-0822 ext. 162
    - 3108 Main St; Buffalo, NY 14214
- Youth Clubhouse
  - Restoration Society, Inc. – 716-832-2141
  - 66 Englewood Ave; Buffalo, NY 14214

# Recovery Supports - CONTINUED

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- Recovery Center
  - BestSelf Recovery Community Center – 716-842-0440
    - 69 Linwood Ave.; Buffalo, NY 14209
- Community Coalition
  - WNY United Community Coalition – 716-821-7722 ext. 311
    - 1195 Niagara St.; Buffalo, NY 14213

# Family Support in WNY

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- Family Support Navigator
  - Save the Michaels of the World – 716-984-8375
    - 738 Delaware Ave; Buffalo, NY 14209
  - WNY Independent Living – 716-839-0822 ext. 162
    - 3108 Main St.; Buffalo, NY 14214

# New York State Office of Alcoholism and Substance Abuse Services

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- <https://www.oasas.ny.gov/accesshelp/index.cfm>
  - Select Treatment Provider Search
    - You can search by city or region
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# www.oasas.ny.gov

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